

## Consent to Exchange Information

**Client Name:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_

I, \_\_\_\_\_ and/or \_\_\_\_\_  
(Name of client) (Name of Parent or Guardian)

authorize \_\_\_\_\_ to disclose or exchange  
(Receiving/Releasing Person or Agency)

information to \_\_\_\_\_, with the knowledge that such  
(Receiving/Releasing Person or Agency)

contact discloses that person named above is, or has been, receiving mental health services.

Disclosure of information is for the purposes of assessment, evaluation, or treatment planning.

Information disclosed will be limited to the following:

1. \_\_\_\_\_ Diagnosis
2. \_\_\_\_\_ Psychiatric History
3. \_\_\_\_\_ Psychosocial History
4. \_\_\_\_\_ Medical Information, including results of exams and/or tests
5. \_\_\_\_\_ Results of Psychological Testing
6. \_\_\_\_\_ Legal Information
7. \_\_\_\_\_ Other: \_\_\_\_\_

This consent is subject to revocation by the undersigned at any time. This consent expires one (1) year from the date it was signed or when the undersigned terminated counseling services, whichever comes first, unless alternate date is given here: \_\_\_\_\_  
(Expiry Date)

\_\_\_\_\_  
(Signature of Client) (Date)

\_\_\_\_\_  
(Signature of Parent/Guardian) (Date)

\_\_\_\_\_  
(Signature of Therapist/Authorized Person) (Date)